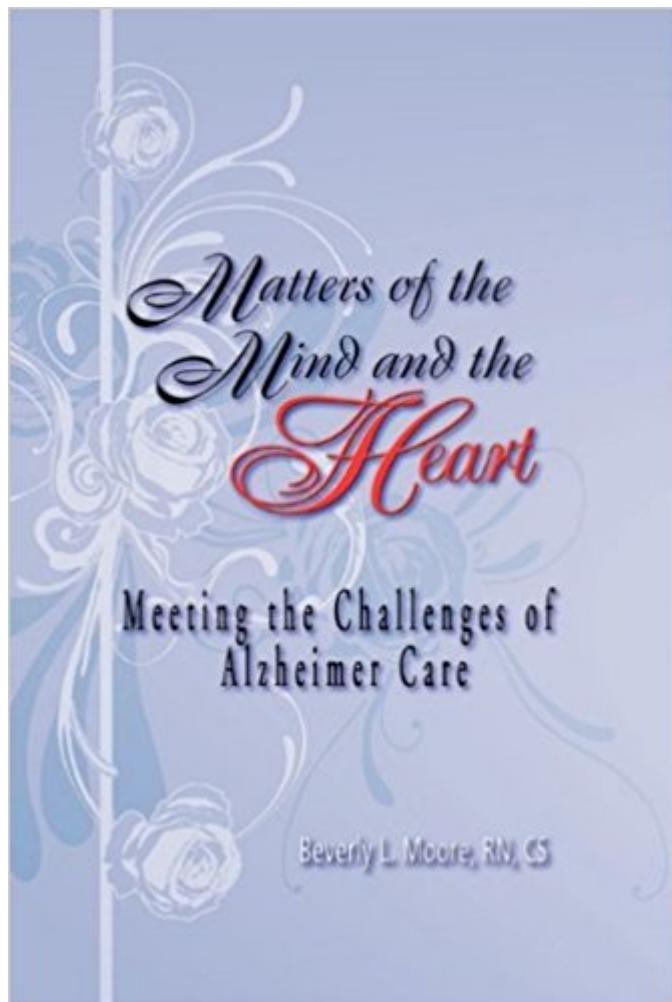


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# Matters Of The Mind And The Heart



## **Synopsis**

Beverly is owner of Sweet Grapes, Inc. a company licensing experienced professionals in the StilMeeâ„¢ model of dementia coaching. She has personally coached hundreds of families and trained caregivers in assisted living residences and group homes for the developmentally disabled. She is a frequent presenter on aspects of dementia caregiving, focusing on the person's spirit and emotional well being. Beverly's interest always swayed toward understanding the behaviors of people through life changes, preparing her for her present passion for teaching dementia caregivers and training coaches. She earned her masters in family counseling at Eastern Nazarene College in Quincy, is certified by the Boston Family Institute in Brookline, Mass. in family systems. She is an advanced practice nurse in Adult Mental Health and Psychiatric Nursing. "Talk to me like Beverly does; she still sees me. She doesn't just see me as an Alzheimer patient." Peter, who inspired our brand name StilMeeâ„¢ "My coach came just when I was about to fall apart and taught me ways to enjoy my husband again." Judi "I was so frustrated all the time; she suggested ways to work with my husband. They always worked!" Florence "It helped open my mind to what my mom was feeling and how to appeal to her spirit." Kathy

## **Book Information**

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## **Customer Reviews**

Very good for families and friends of elderly.

A must read for anyone who has a parent or loved one with dementia, mild, moderate or severe. A

great easy read, informative and kind. I bought two and gave one to my sister. It's very very good. Great insight into this mind debilitating disease... well written.

There should be more books teaching caregivers how to deal with difficult situations with alzheimers patients. We need more books like this.

This was an excellent book. Lots of great and practical suggestions for interacting w/ dementia and alzheimer individuals. I would recommend this to people in manager positions as well.

This is a very informative and reassuring book. It should be required reading for any and all care givers. I keep it handy for reference as my husband settles more into dementia.

Beverly did a wonderful job writting this book and I have been using her suggestions to get through some difficult situations.

So far, this is a good book but i am a very slow reader and i am far from done. As a caretaker, i am still learning and this book certainly has helped me to learn.

This is an excellent book for those of us caregivers of Alzheimer's patients. Very clear and easy to understand. GREAT BOOK!

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